



ESCOM Clubs

Spring 2026 News & Notes*

ESCOM clubs bring people together for social, intellectual, creative and spiritual engagement.

Clubs are FREE for ESCOM members!

Clubs meet in ESCOM'S spacious rooms
in Kentfield and Novato.
They also meet online
and occasionally in the field.



ANNOUNCEMENTS

ESCOM needs more clubs!

Is your pet passion missing from the list below?

It's easy to create a club of your own!

Just [email us](#) for information and guidance.

New!

[ESCOM Clubs Webpage](#)

*Visit to learn about club
topics, formats, locations, leaders, etc.*

Diana Davis is planning a Caregiver Club!

[Email her](#) to help by adding your name to the list of prospective members. Here's what she says about her plans:



"I want to welcome all new and continuing caretakers to share their successes and failures in a community setting. We will share what has worked, how we stay on an even keel, and tricks for keeping our sense of humor. We'll discuss sharing tasks, experiences with family, and sources of help. We can also just bitch, moan and laugh at what our lives have become. The main idea is that sharing a load makes it easier to bear burdens, support our loved ones, and live meaningfully."



Will Meecham is starting a Spirituality of Aging Club!

[Email him](#) to be notified when meetings start. Here's what he says about his plans:

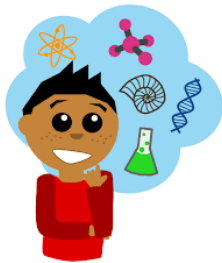
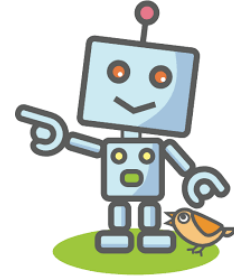
"I want to start a club that helps us contemplate the GIFTS of aging. For instance, how growing older encourages letting go, acceptance, strength of heart, a sense of humor, supporting younger generations, exploring new interests, finding meaning, making peace with mortality, etc, etc."



CLUB LISTINGS

Click club title for [ESCOM Clubs webpage](#) write-ups and all the info you need to attend.

[Artificial Intelligence Club](#)



Arlene Stark Philosophy of Science Club

Discussions and programs focus on Science and Philosophy. Happening now: Great Courses "Law School for Everyone" video series. Each lecture covers one aspect of legal practice.

Astronomy Club

Devoted to a non-technical approach to the current understanding of the Universe, its structure and its many components.



Chess Club

We welcome anyone who knows how to move chess pieces and understands the basic principles.

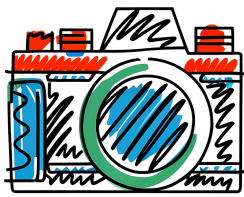
Current Events & Issues Club

We welcome all fresh, new, informed opinions, civilly presented and argued.



Digital Camera Club

Open to anyone who would like to expand their photographic capabilities by learning from others on how to capture images. May field trip: overnight to Grass Valley/Nevada City.



Ecoutearth Club

Ecoutearth is a practice of mindfulness, ecotherapy, and expressive arts. Next meeting: Sunday May 17.

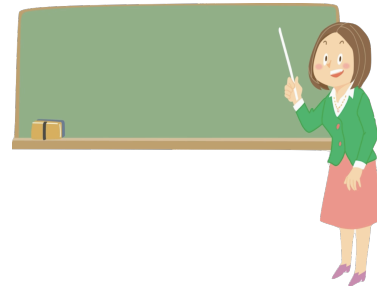


Forum Book Club

Books read & discussed!

Great Courses Club

We watch 'Great Courses' lecture series, then enjoy fun and lively discussions. Current course: "Museum Masterpieces: The Louvre".



Mah Jong Club

This club was formed to teach people how to play Mah Jong and to offer a venue for experienced players to meet.

Marin County Book Club

We focus on fairly short pieces of fiction, often well-known, sometimes classical books, plays, essays, poems, etc. April 28: "Phaedra", a play by Jean-Baptiste Racine.





Mindfulness Meditation Club

For beginning and experienced meditators who want to cultivate mindfulness in a supportive community.

Opera & Beyond Club

We view complete opera videos, shown with English Subtitles.



Silent Sitting Club

A time to sit silently in community, for quiet meditation and contemplation. Next meeting: Saturday May 2.

Spanish Club

We practice intermediate level conversation in Spanish on various topics.

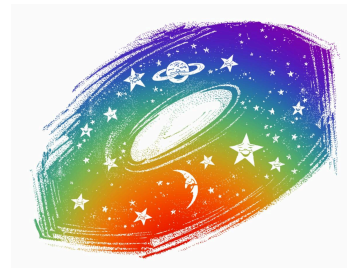


The Play Reading Club

We read aloud and discuss short and full-length plays, both serious dramas and comedies.

The Ur Discussion Club

Ur is a prefix, meaning primitive, original, earliest – as in Ur-text, Ur-language, or Pilsener Urquell, the source. It can also be an abbreviation for Ultimate Reality.



Wednesday Detection Club

We pick books for the year in January—usually cozies but a few darker books also sneak in. *Up next: "Naked Once More" by Elizabeth Peters.*

"Who Done It?" Book Club

We pick books for the year in January—anything from police procedurals to cozies with a few thrillers thrown in. *Up next: "Vera Wang's Unsolicited Advice For Murderers" by Jesse Q. Sutanto.*



Thank You!



** Many thanks to Ellen Breazeale, who stewarded ESCOM Clubs for many years and crafted many beautiful 'News & Notes' mailings!*

ESCOM | 835 College Avenue SS146 | Kentfield, CA 94904 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!